Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 00:00 on Thursday 22 Jun 2023 until 23:59 on Friday 23 Jun 2023

Forecast Issued on Wednesday 21 Jun 2023 at 16:04 by Met Office Aberdeen

Confidence: High for drier settled conditions into Friday morning becoming unsettled from Friday afternoon. Low confidence in the shower detail from Saturday.

Headline for Thursday 22 Jun 2023: A fine dry and sunny day.

Mountain weather hazards on Thursday 22 Jun 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** No Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** High Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Partly cloudy (night)	Partly cloudy (night)	Sunny intervals	Sunny intervals	Sunny intervals	Sunny	Sunny	Clear night
Precipitation probability							
00%	00%	00%	00%	00%	00%	00%	00%

Forecast for Thursday 22 Jun 2023

Weather: A dry day with long sunny periods, some patchy cloud at times.

Chance of cloud-free hill tops above 800m: 95%

Low Cloud and visibility: The visibility will be good with a patchy cloud base above summits.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Thursday 22 Jun 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	18/22 SW	21/25 SW	18/23 SW	14/19 SW	11/16 W	9/14 W	9/14 SW	11/13 S	15/18 SE
900	14/18 SW	15/19 SW	13/18 SW	11/16 SW	10/14 W	8/13 W	8/11 SW	8/10 S	11/14 SE
600	14/18 SW	15/19 SW	13/17 SW	11/16 SW	9/14 W	7/12 W	8/12 SW	7/9 SW	7/9 SE
300	8/12 SW	8/11 S	7/10 SW	8/13 SW	7/12 W	7/11 W	6/10 SW	4/6 S	5/8 SE
Glen	6/12 SW	5/10 SW	3/7 S	8/14 SW	7/12 SW	6/11 SW	6/10 SW	3/5 S	3/6 SE

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	4/-0	4/-2	4/-1	4/0	6/3	8/6	9/7	8/6	7/4
900	7/3	6/2	7/3	9/6	11/9	12/11	12/11	11/9	9/6
600	9/6	9/6	9/6	10/8	13/11	14/13	15/13	13/12	12/10
300	11/10	11/9	11/10	13/12	16/14	17/16	17/16	15/15	14/13
Glen	12/12	12/11	13/13	16/14	18/17	19/18	19/18	16/16	14/13
Freezing Level*	1800m	1600m	1600m	1800m	2000m	2100m	2100m	2100m	2300m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Long sunny periods and warm conditions lead to a risk of dehydration and sunburn.

Forecast for Friday 23 Jun 2023
Weather: After a dry and bright start cloud spreads northeast followed by showers in the afternoon.

Maximum wind: Southwest 35-40mph gust 45mph.

Chance of cloud-free hill tops above 800m: 80% at first steadily decreasing to 40% by the afternoon

Low Cloud and visibility: Increasing high cloud in the morning lowering to 600-700m by midday and becoming broken at 400-500m through the afternoon. The visibility will be good out with the cloud, falling poor in any showers. The best of any brightness will be across northern ranges.

Temperature: **Glens:** Plus 10 Celsius rising plus 21 Celsius
At 800m: Plus 12 Celsius
Freezing level: Above summits

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